



Mercerwood Shore Club
Summer Swim Team 2020 - Modified Phase 1
Guidelines for Safe Reopening of 2020 Swim Team Programming

Failure to adhere to these policies will result in the loss of ability to participate in swim team practices and the possible rescinding of other member privileges.

Schedule - June 22 - Aug 7, 2020:

- 6 swim practice sessions Monday - Friday
 - 9-9:30am (8U and 10U)
 - 9:35-10:05am (10U)
 - 10:10-10:40am (11&12s)
 - 10:45am-11:15am (11 &12s)
 - 11:20am -12:05pm (13 and up) - *Depending on number of 13 & Up, we can accommodate additional swimmers - please check with Coach Leah*
 - 12:10pm- 12:55pm (13 and up) - *Depending on number of 13 & Up, we can accommodate additional swimmers - please check with Coach Leah*
- Register up to **3 times** per week, but open up Sundays at 5pm for additional swims if not full
- Families, if they want to swim together at one practice time, can. They will count as one registration and will swim in the same lane
- Each practice will be limited to 10 swimmers and 2 coaches at a time
- There will be 2 swimmers in each lane, one at the deep end and one at the shallow end. There will be 1 coach at each end of the pool

Arrival/Departure

- Parents must drop off swimmers, there is no gathering on the deck at this time
- There will be no access to the clubhouse, including locker rooms
- Access to pool will be through metal gate located at the south end of the upper terrace (next to the parking lot) - [link to entry / exit plan](#)
- Exit will be through metal gate located at north end of upper terrace (near the BBQ's)
- The bathrooms will be closed except for family restroom minus the shower
 - An outdoor shower for rinsing off will be available
- Have your swimsuit on by the time you arrive
- Do not congregate before or after with your teammates and remain keep 6-feet apart.
- Do not attend if you feel sick, or if you have been exposed to anyone who is known to have COVID-19
- Only registered swimmers whose parent/guardian has signed the [Waiver of consent and commitment to MSC reopening policies](#) may participate
- [Link to 2020 Summer Swim Team Registration](#)
- [Link to Practice Reservation Page](#)

Additional Items:

- Coaches will assign you a lane to swim in
- Stay hydrated by bringing your own water bottle to practice. Bring something warm to put over your suit for after the swim