**MSC Lite**

**Winter 2021**

**January 19 - February 11**

**MSC Lite** is back! This current session begins on January 19th and runs through February 11th.

The focus will be on swimming technique in a relaxed, fun environment!

There is no tryout necessary. Swimmers must be able to swim the full length of the pool (25 meters) in order to participate. Participants may come up to four times per week.  Regular attendance is not mandatory. *Our MSC Lite Swim Program is for Members Only*.

Reservations are required!

**Schedule - January 19 through February 11, 2021**

* 4 swim practice sessions Monday - Thursday
* 4:00 - 4:45 PM
* Each practice will be limited to 24 participants and social distancing must be practiced
* Cost is $75 for the session or $10 per drop in
* There will be no more than 4 swimmers per lane, one at the deep end, one at the shallow end, and one at the backstroke flags on each end of the pool
* Coach will assign swimmers to lanes based on age & ability as much as possible